

# SCRUNCTIONS

#### Make your own scrunchies!

Scrunchies are a perfect afternoon project and good scrap-buster too. You can play around with fabric strips wider or longer to get a bigger scrunchie or tighter scrunch!

#### To start, gather your supplies. You'll need:

- fabric strips approximately 4" x 20"
- 7-8" of elastic we recommend 1/4" braided elastic
- 2 safety pins
- straight pins or clips
- your sewing machine threaded and ready to go



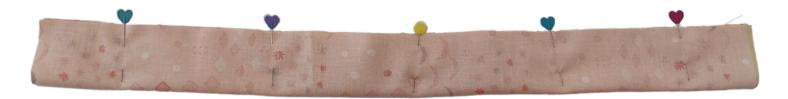
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Instructions assume a 1/4" seam allowance unless noted otherwise.



# Step 1:

Fold your fabric length-wise with right sides together and pin.



#### Step 2:

Mark 2" in from each end and sew along the edge between the marks. Be sure to leave the ends unsewn.



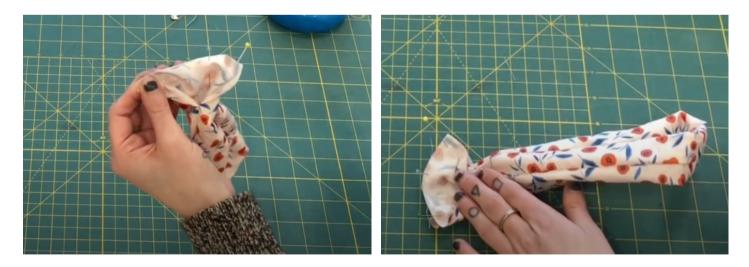
### Step 3:

Turn your fabric right-side out. A pencil or chopstick can help push it through.



#### Step 4:

Open up each of the ends that you'd left unsewn, and line up the two short sides, right sides together. Pin or clip and sew together.



For more detail, follow along step-by-step with our YouTube video: https://youtu.be/8NLqg95rjxE



### Step 5:

Using one safety pin, clip one end of the elastic to your fabric near the opening. Clip the second safety pin to the other end of your elastic and use it to thread the elastic through the fabric tube. Knot the two ends of elastic together, and remove the safety pins.

# Step 6:

Smooth out the opening and fold the raw edges in, pinning in place. Sew this closed, as close to the edge as you can. Be sure to backstitch at the start and finish or tie in your thread ends.



